



# SELFFA

YOUR LOCAL CHILDREN'S CHARITY

**SEND Passport**



**Name:**

# Introduction



**The SELFA passport is a log of YOUR journey through SELFA. It will help us see what you want to do whilst you're here, what goals you want to achieve and how we can help you do that.**

You'll find lots of different activities on offer but there's room for lots more suggestions. These activities are organised under 4 headings which link to SELFA'S values and objectives.

You will also have the opportunity to gain qualifications. These are organised towards the back of your passport. There's a huge range with something for everyone, but we're open to new suggestions too!

We will be going through these in your weekly groups and in the holidays and you will also have some time to fill them in with the help of your parents and the SELFA staff.

At the end of the year we will be holding our SELFA Awards night where you can get all dressed up and come along for an evening of celebration with your friends, family and the SELFA staff.

**Lets Get Started!!**



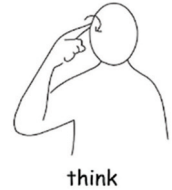
# About Me

## What I'm Good At:



## What I Need To Work on:

## What Do I Like/What Are My Interests:



## What Do I Believe In/Value/Wish For:


## What My Goals/Aspirations Are:


1. \_\_\_\_\_


2. \_\_\_\_\_


# I Can Do It


This page is to encourage you to think of, try or complete new things by yourself. If you get stuck thinking of activities to do, look at the back of your passport for some ideas!


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


# The People Around Me


This page is to support your relationships with the people around you. At SELFA these are your friends and the SELFA staff. If you get stuck thinking of activities to do, look at the back of your passport for some ideas.


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


# Marvellous Me

This page is to help you understand how brilliant you are and what you can do if you put your mind to it. If you get stuck thinking of activities to do, look at the back of the passport


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	




Activity	Times Completed
	

Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


# Me and My World


This page is to inspire you to get stuck in at SELFA and get involved with your community. If you get stuck thinking of activities to do, look at the back of your passport


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	


Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	

Activity	Times Completed
	

## I Can Do It

- Attend a SELFA activity with a carer instead of a parent
- Try a new activity
- Make your own food to eat
- Take part in a fundraiser for SELFA
- Carry own school bag
- Tell/Sign something you would like to do (making a choice)
- Learn how to use how a knife/fork
- Choose the clothes you want to wear
- Play a musical instrument without support
- Learn how to brush your own teeth
- Complete the Arts Award (page 14)

## The People Around Me

- Attend a regular SELFA group
- Share your toys/things with others
- Make something for someone else
- Arrange to see a SELFA friend outside of SELFA
- Be part of a team: take turns, cooperate, be patient
- Play in a band with your friends

## Marvellous Me

- Try a new activity
- Take part in a challenge
- Create a scrapbook (with help) of your personal achievements
- Complete the Arts Award (page 14)
- Complete the CREST Award (page 14)
- Spend time with SELFA friends outside of SELFA
- Help to put your things away at home
- Help make your favourite food
- Be kind to one of your friends.

## Me and My World

- Attend a regular SELFA group
- Meet with a SELFA friend outside of SELFA
- Attend the SELFA awards night
- Bring in a picture for your passport
- Celebrate your birthday in a place you feel you belong
- Dress up as your favourite character in your SELFA group
- Welcome a new member to the SELFA group.

# Award Information



## **Arts Award**

This is suitable for all ages and abilities.  
To achieve an arts award you need to get involved in any type of art, perform to an audience and show others what you enjoyed about the arts award.



## **CREST Award**

Work towards a Star or SuperStar award by completing eight STEM challenges: short, hands-on activities that will encourage you to explore the world around you.

# My Artwork

# Reflection Page

**Talk about something you have done this year that has made you feel proud, happy, more confident etc:**

**Talk about a new friendship/relationship you've made that is important to you:**

**Have you done/learnt anything that has made you feel more independent?**

**Do you feel like you belong at SELFA and if so what makes you feel that way?**